

**Room F**  
**Pre-school Schedule Example**

6:30 a.m. Arrival/free play/breakfast

9:00 Morning yoga session

9:30 Read Aloud

10:00 Morning meeting

- The more we get together song
- Calendar/Days of the week/Months of the year
- Count with straws (ones, tens, hundreds)
- Sight words
- Clock
- Letters/Sounds/name -In a snap activity
- Teacher read aloud (theme related)
- Numbers/Spanish numbers
- Movement songs
- Shapes

10:30 Recess

11:10 Journals, draw pictures, share with your neighbors

11:35 Wash hands/lunch/cleanup

12:35 Silent reading (find a 'just right' book and build stamina)

1:00 Centers/teacher assessments

1:30 Art or Music

2:00 Recess

2:30 Wash hands/snack

3:00 Gym

3:30 teacher skill building (1 on 1)

4:00 Free play, daily recap

***Children thrive on repetitious activity and a routine.***  
***Please implement this schedule daily.***  
***Together we teach.***